

ABACLIVE CAMBRIDGE CENTER SERIES
PRESENTS
CHUNYING JIN PH.D. BCBA-D

SLEEP ISSUES AND DISORDERS: A
BEHAVIORAL CONCEPTUALIZATION &
DISCUSSION



Friday, April 28, 2023

11:00 am to 2:00 pm Eastern Daylight Time (New York)

The presentation recording will close on **May 12, 2023** at 11:59 am EDT

The purpose of this 3-hour webinar is to provide attendees with an understanding of the types of sleep problems that young children experience and the types of sleep problems that can be addressed successfully with behavioral interventions. Sleep problems are prevalent among children diagnosed with and without autism spectrum disorder (ASD). These problems are unlikely to abate without treatment, resulting in adverse long-term effects on the daytime functioning and well-being of individuals with ASD, their siblings, parents, and others. Understanding and addressing sleep problems requires viewing behavior that facilitate and disrupt healthy sleep through the lens of a contingency. Functional assessment is an iterative process designed to identify the contingencies that maintain falling asleep and those that maintain problem behavior that interfere with sleep onset. Through this process, caregivers and clinicians are more equipped to craft an individualized, function-based, and consumer-friendly treatment programs for individuals diagnosed with ASD whose sleep is chronically disturbed. The goal of this presentation is to (a) provide an introduction of the types of sleep problems that young children experience, (b) discuss the core behavioral model of sleep, (c) describe the common variables that influence sleep and sleep problems and (d) discuss a functional assessment process for sleep problems in young children.

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Session

CE
Session



The Applied Behavior Analysis Center, LLC
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908-276-6500 | info@abacnj.com
Cambridge Center for Behavioral Studies
behavior.org

Target Audience

This talk is for the general public including behavior analysts and other professionals who are working with young children with sleep problems, clinicians who are interested in understanding more about sleep problems in young children. Parents and caregivers of young children who experience sleep problems are welcome and encouraged to attend.

Learning Objectives

After attending this event participants will be able to:

- Identify of the types of sleep problems that young children experience
- Identify types of sleep problems that are more likely to be successfully addressed with behavioral sleep interventions.
- Identify examples and nonexamples of reasonable sleep goals
- Identify common variables that maintain sleep problems

Continuing Education

This Program is Approved for the following continuing education credit types.*

- 0.3 IACET CEUs ([Who recognizes IACET Accreditation](#))
- 3.0 BACB CEUs (Learning)
- 2.75 QABA LUs (Learning Units)
- 3.0 NBCC Credit Hours- Content Area: Human Growth and Development, Assessment

APA, AOTA, ASWB credit hours not offered for this program.

*See Page 3 for Event Applicable CE Provider Statements

Register for the CE Session



Presenter Bio and Disclosure

Chunying Jin Ph.D. BCBA-D currently teaches at the California State University, Northridge (CSUN) where she advises graduate students in the Master of Science in Applied Behavior Analysis program. Dr. Jin received her doctoral degree in Behavior Analysis under the mentorship of Dr. Gregory Hanley at Western New England University. She has been applying the principles of learning to improve the lives of individuals of typical development and individuals with developmental disabilities for over 10 years. Dr. Jin has published in areas such as the assessment and treatment of sleep problems in young children and function-based interventions for severe problem behavior associated with autism. Her research and clinical interests include assessment and treatment of sleep problems, child development and early life skills, prevention of challenging behavior, pedagogical tactics in higher education, and function-based interventions.

Required Disclosure: Dr.Chunying JIn does not receive royalties or payments from any of the organizations or products mentioned during the presentation. He also does not receive speaker fees for the following presentation.



**Register Now
For the
Free Session
(No CE Credit)**



Event Applicable Continuing Education ACE Statements

- The Applied Behavior Analysis Center, LLC (ABAC) is accredited by the International Accreditors for Continuing Education and Training (IACET) and offers IACET CEUs for its learning events that comply with the ANSI/IACET Continuing Education and Training Standard. IACET is recognized internationally as a standard development organization and accrediting body that promotes quality of continuing education and training.
- The Applied Behavior Analysis Center has been approved by the Behavior Analyst Certification Board, Inc. (BACB) as an ACE provider of continuing education events. BACB ACE Provider # OP-19-2957. MANDATORY DISCLAIMER: The Behavior Analyst Certification Board ("BACB") does not sponsor, approve or endorse ABAC, LLC, the materials, information or sessions identified herein.
- The Applied Behavior Analysis Center has been approved as a Qualified Applied Behavior Analysis Credentialing Board (QABA) Continuing Education Provider. QABA Provider #QCB-22274
- The Applied Behavior Analysis Center maintains responsibility for this program and its content. The Applied Behavior Analysis Center (ABAC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6794. Programs that do not qualify for NBCC credit are clearly identified. ABAC is solely responsible for all aspects of the programs. ABAC is approved to offer credit for synchronous online events and home study.



APA, AOTA, ASWB credit hours not offered for this program.

LIVE EVENT SESSION SCHEDULE

11:00 am: 3-5 minute Introduction
11:05 am Presentation begins
12:30 pm 10 minute break
12:40 pm Break ends - presentation continues.
2:00 pm: Live Model: Submitting Continuing Education Requirements and Evaluation and Accessing your Certificate

Learners are encouraged to submit questions throughout and the presenter includes multiple learner-presenter interaction opportunities throughout the live workshop.

LIVE EVENT ASSESSMENT

Presentation Quiz

- Following a presentation, learners will complete a quiz.
- Format: Multiple choice questions
- Total anticipated time to complete: Approximately 5-7 minutes per quiz
- Total Presentation Quizzes: 1

Time to complete assessments is not eligible for CE credit

LIVE EVENT RECORDING ACCESS

- The recording of all ABAC Live events are accessible to those that register for the live event for 2-weeks following the last live session.
- Continuing education credit and professional development requirements must be met within that two-week window.

LIVE EVENT EXPECTED OUTCOMES

- After attending the presentations Learners will select the correct answer on 80% of the quiz questions that assess the workshop learning objectives.

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116 South Ave West #217 Cranford NJ 07016
908-276-6500 | info@abacnj.com

LIVE EVENT GROUP DISCOUNTS

- 15% discount: registration for 5+ group of professionals
- 20% discount: registration for 20+ group of professionals
- 30% discount: registration for 30+ group of professionals

To enroll a group please email us at continuinged@abacnj.com

LIVE EVENT ATTENDANCE VERIFICATION

- Attendance Verification: Attendance Code Submission Forms
- Total anticipated time to complete: 2 minutes per form
- Total Attendance Code Submission Forms is equal to the total number of presentations in a live event.

LIVE EVENT ASSISTANCE

Queries about any Program (current, past, or future) and technical support are available via email or phone. If you are new to ABAC we strongly recommend logging in a day or so before a Live Event to ensure there are no issues the day of.

Calls are answered during normal business hours

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(9:00 am – 5:00 pm EDT/EST)

Calls are answered during events however we will not answer calls 10 minutes prior to or 10 minutes after, the start time of a Live Event.

Learn More: <https://abacnj.com/technical-assistance/>

LIVE EVENT PAYMENT AND POLICIES

- ABAC Accepts all major credit cards and Paypal
- Coupon codes are not eligible on ABACLive Cambridge Center Series, ABAC VB-SIG (except if issued through the SIG) and ABACGives Events and are not eligible for ABAC Fidelity-based training program tuition, private training tuition, bundles, books and other special products unless otherwise indicated.
- Scholarships are available for most events
- Cancellation, missed event, and grievance procedures are found on the website.

<https://abacnj.com/abac-help-center/#policies>

LIVE EVENT EVALUATION

Following the completion of the entire workshop, participants will complete an evaluation.

LIVE EVENT TIPS FOR BEST EXPERIENCE

For the best experience you should use the following:

- The most current version of Zoom.
- A desktop or laptop computer, a Chromebook, or a recent version of a tablet device.
- An updated version of Chrome, Firefox., or Safari | DO NOT use Internet Explorer
- A high-speed internet connection.

To improve your experience:

- Feel free to use the screen reader and other accessibility options provided to you. To explore these options click on the floating User Way icon found on the left side of the website or press CTRL + U.
- Turn on closed captioning when viewing the live event or recordings.

ABAC CONTINUING EDUCATION CREDIT REQUIREMENTS

Attendance Verification and Passing Score on Post-tests(80%) required to earn Continuing Education Credit
Participants are provided multiple opportunities to pass the post-test and provide attendance verification.

If the abovementioned continuing education credit requirements are not met, participants will not receive continuing education credit. Partial credit will not be awarded. Refunds and transfers are not granted if requirements are not met. In the event additional support is necessary to achieve the expected outcomes please reach out to continuinged@abacnj.com to request assistance. Attendees who meet the continuing education credit requirements must also fill out an evaluation. Once everything has been submitted, the certificate can be found in the "My Certificates" tab in an attendee's abacnj.com personal dashboard.

PROFESSIONAL DEVELOPMENT REQUIREMENTS

Certificate of attendance are offered to those who do not need or require CE credit. Does not apply to ABACLive Cambridge Center Series Free Access Registration (NoCe).